

ATTENTION ATTENTION ATTENTION ATTENTION

Medication Procedure

PLEASE BRING ALL MEDICATIONS IN ORIGINAL PACKAGING!!

Routine Medication times at camp are 8:00 A.M., 12:00 P.M., 5:00 P.M., and 8 P.M.

**Please note: G-tube feedings are administered at Routine Medication times.*

All medications will be scheduled for the closest time, *unless* contraindicated.

Camp New Hope is happy to announce that we can now accept diabetics who self-administer the insulin-pen. Please check with us if your camper has other medical conditions, that may need special consideration to be accepted into camp.

All pills, tablets and capsules **MUST** be kept in the **original packaging**. i.e.: pill bottles, medication tubes
ALL medications brought to camp must contain the original pharmacy labeled instructions.

Medications **MUST BE added ONLINE** in the Health History Form. This form **should be UPDATED 1 week** prior to arrival at camp in case of any medication changes.

When arriving at camp make sure the drop off person knows about each camper's medications. They will be required to verify all medications, dosages, and administration times/methods. Expired medications will not be accepted.

****MEDICATIONS NOT PACKAGED AND LABELED CORRECTLY WILL BE REJECTED****

Camp has lots of medications for each camper. **Weekly Bubble Pack Medications are encouraged.**

Check with your local pharmacies if they can take your medications and assemble them into a 1 week bubble pack for your camper's stay.

Additional Instructions for Group Home Campers Only

Please do not send new cycle meds. All meds should be on one card when in a bubble pack.

Please Do Not send medical tackle/ tool boxes. We do not have anywhere to store these.

Please bring a current MAR on the 1st day of camp. It is helpful to double check medications.

Shampoo, toothpaste, mouth rinse and other hygiene items are not considered medications, and will need to be sent in the luggage.

If questions arise prior to registration, please call the Program Director at 217-895-2341.

CNH Camper Code of Conduct & Camp Song/Camp Graces

(Please keep this form, and go over rules with your camper prior to coming to camp.)

Your counselors are responsible for knowing where the camper is at all times so the camper must:

- Listen carefully and follow directions
- Stay with your group—do not wander off by yourself.
- Talk to your counselors if you need to go somewhere prior to going.
- Never leave your cabin or group without a counselor.
- Campers must be accompanied at all times- including middle of the night trips to the restroom.

Camp New Hope campers are expected to help one another including:

- No hitting, kicking, spitting, biting, or anything else that might hurt another person.
- No swearing or excessive yelling, name calling or bullying other campers.
- Take care of your own clothes and respect other people's property.
- Helping to keep our camp and cabins clean and neat.
- Enjoying everyone's friendships—not just our special friends.

Camp New Hope rules also include:

- Quietly waiting your turn for meals and other activities.
- No campers may sleep on upper bunks.
- No swimming without a counselor assigned and a lifeguard on duty.
- All medications must be given to the nurses. Repeating ALL medications must be given to the nurses, including over the counter medications.
- No food or drinks are allowed in the sleeping areas.
- Shoes must be worn at all times. Sandals must be sturdy and have an ankle strap. Flip Flops are allowed in shower only.
- No Smoking
- No sharp or dangerous objects.
- No valuables—Camp New Hope is not responsible for lost or stolen objects.
- Everyone must wear life jackets while in any camp boat and on deck.
- Good personal hygiene is expected—including showers when scheduled.
- Lights out is 9:30 P.M. This means campers are in bed and no talking.

Camp New Hope Song

(tune of John Jacob Jingle Heimerschmit)

Camp New Hope is my favorite camp,
It's my camp and your camp too,
Whenever we are here, the campers always cheer,
Camp New Hope is my favorite camp, da da da da da

God Our Father- (Breakfast Grace)

(Tune of Frere Jacques)

God Our Father, God Our Father
Once again, once again
We shall ask thy blessing, We shall ask thy blessing
Amen, Amen

Superman Grace (Lunch Grace)

Thank you God for giving us food
Thank you God for giving us food
For our daily bread, For our daily bread
Thank you God for giving us food

The Johnny Appleseed Grace (Dinner Grace)

Oh the Lord is good to me, and so I thank the Lord,
For giving me the things I need,
the sun and the rain and the apple seed,
Oh the Lord is good to me.